



**Job Title:** Wellbeing Officer  
**Job Location:** The Royal Hospital for Children and Young People and Lothians  
**Reports to:** Children's Wellbeing Lead

### About this job

Are you a dynamic individual who can manage the delivery of the wellbeing and resilience outreach programme, and guide a team of project workers, sessional workers, artists and volunteers who alongside you, will provide support and advice to children, young people and their families (CYPF). You will deliver activities that build confidence and self-esteem, using wellbeing and resilience techniques enabling CYPF to better cope with their individual challenges.

### Wellbeing and Resilience Outreach

Edinburgh Children's Hospital Charity have developed a new and exciting project which supports the wellbeing and resilience of children and young people who are struggling with their mental health. This project will support the whole family (child, parents/guardian, siblings, grandparents etc.) through these challenging times, by offering support and advice. We will pilot this programme over a two year period in two locations. The first will be rural, East Lothian based and the second urban, within Edinburgh City. You will be required to travel to both locations and will be based at the Royal Hospital for Children and Young People, Edinburgh.

### Hospital youth work

As part of this role, you will work alongside the hospital youthwork team to gain experience of working with children, young people and their families in a healthcare setting. You will initially work in The Hub wellbeing centre and on the hospital wards in the Royal Hospital for Children and Young People, spending time with CYPF and ECHC's Children's Wellbeing Service team to understand our approach to working with CYPF. You will also be given bespoke training following the PACE model, to promote the experience of safety in your interactions with children and young people.

### Areas of Responsibility

As a member of the Children's Wellbeing Team, you will manage a team of staff, sessional workers and volunteers. You will work with children, young people and families who are struggling with their mental health, by providing a range of focussed activities, support and advice, in an evidence-based age appropriate, and engaging way.

You will work in collaboration with ECHC Arts programme and Volunteer service to provide meaningful engagements for children and young people and signposting to other services as required, by linking with partner organisations. You will support children and young people to feel empowered and build confidence through creating opportunities for peer befriending, peer support programmes and young volunteering.

You will be experienced in leading the delivery of different projects, leading consultations, producing detailed plans, and reviewing progress towards goals to successfully meet ECHC's strategic aims.

You will ensure compliance with appropriate policies and procedures in line with legislative and regulatory requirements; and deliver agreed best practice in all activities, as well as working within agreed frameworks regarding safeguarding, confidentiality, and professional practice. You will maintain up to date knowledge of local and national provision for children's, young people,



and family's wellbeing; and, of research, policy, and practice in relation to young people's wellbeing.

**Additional**

You will assist EHC colleagues in any activities which will help to sustain the charity. This will include, for example, providing information for marketing purposes, informing funding applications, providing support for funder visits to the service and any other duties appropriate to the role and in line with the needs of EHC.

You will establish, maintain, and further develop relationships with all EHC's identified groups of stakeholders, in particular engaging with cypf.

You will enable the organisation to transform the experiences of babies, children, young people, and their families, by supporting the delivery of the organisation's Children's Wellbeing Service.

REQUIREMENTS	ESSENTIALS	DESIRABLE
<b><u>Education &amp; Qualifications</u></b>	Qualified to HND level in a relevant area or with equivalent professional experience	Degree in a relevant area (youth work, social work, nursing, counselling/psychology teaching, mental health)

<b><u>Experience &amp; Knowledge</u></b>	<ul style="list-style-type: none"> <li>▪ Recent significant experience of working with children and young people, using non-clinical interventions to support positive outcomes</li> <li>▪ Experience of delivering group sessions and activities for young people</li> <li>▪ Experience of working to keep young people safe from harm</li> <li>▪ Knowledge of issues and barriers that young people face, supporting them to achieve positive outcomes</li> <li>▪ Clear knowledge and command of the risks involved in working with young people</li> <li>▪ Understanding of the use of marketing to promote engagement of young people</li> <li>▪ Sound knowledge of the available services and organisations which children, young people and families could be signposted to for support</li> <li>▪ Sound knowledge of GIRFEC principles and methodology</li> <li>▪ Working knowledge of current legislation and best practice about data protection</li> </ul>	<ul style="list-style-type: none"> <li>▪ Experience of working in a healthcare environment</li> <li>▪ Experience of fundraising organisations</li> <li>▪ Experience of working with volunteers/ setting up volunteer programmes</li> <li>▪ Experience in public speaking &amp; advocacy</li> <li>▪ Experience in maintaining accurate records, collect data to evidence impact and prepare reports evaluating and monitoring projects</li> <li>▪ Experience in managing small project budgets</li> <li>▪ Experience of managing a team of staff and volunteers to deliver highly professional projects which deliver positive impacts for children and young people</li> <li>▪ Experience of supporting the whole family (parents/carers, siblings grandparents etc.)</li> </ul>
<b><u>Skills and Attributes</u></b>	<ul style="list-style-type: none"> <li>▪ Excellent oral, written, and listening skills for a range of audiences, especially young people</li> <li>▪ Proven track record in organising, coordinating, and running a calendar of events including seasonal activities and trips</li> </ul>	<ul style="list-style-type: none"> <li>▪ Inspire and support others to put their health and wellbeing back on track and make behaviour changes</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Skilled in delivering services and designing projects in consultation with children &amp; young people</li> <li>▪ Ability to build rapport and trust with young people as a respected champion of wellbeing</li> <li>▪ Understanding of the triggers, causes, and presentation of challenging behaviour, and ability to manage these</li> <li>▪ Patience, tolerance, and sensitivity; mature and non-judgmental outlook</li> <li>▪ Ability to work independently</li> <li>▪ Enthusiasm and resilience</li> <li>▪ Ability to set and maintain clear and appropriate boundaries</li> </ul>	
<p><b><u>Additional</u></b></p>	<ul style="list-style-type: none"> <li>▪ A passion for the rights of children and young people, and the strategic aim and purpose of EHC</li> <li>▪ Positive, persuasive, motivational individual with an obvious enthusiasm for the work of EHC</li> <li>▪ The ability to manage expectations of stakeholders to achieve the best result for both them and the organisation</li> <li>▪ An effective and empathic communicator</li> <li>▪ Required to work regular evenings</li> <li>▪ Willing to work weekends as required</li> <li>▪ Willing to undertake additional study or learning as required to fulfil this developing role</li> <li>▪ Professional and convey the values of EHC at all times</li> </ul>	<ul style="list-style-type: none"> <li>▪ Access to a car/ full UK driving licence</li> </ul>