

Job Title: Wellbeing Officer - Maternity Cover
Job Location: The Royal Hospital for Children and Young People and Lothians
Reports to: Children's Wellbeing Lead

About this job

Are you a dynamic individual who can manage the delivery of The Haven, our wellbeing and resilience outreach programme, and guide a team of project workers, sessional workers, artists and volunteers who alongside you, will provide support and wellbeing interventions to children, young people and their families (CYPF). You will deliver activities that build confidence and self-esteem, using wellbeing and resilience techniques enabling CYPF to better cope with their individual challenges.

Wellbeing and Resilience Outreach

Edinburgh Children's Hospital Charity have recently launched The Haven, a new and exciting project which supports the wellbeing and resilience of children and young people who are struggling with their mental health. This project supports the whole family (child, parents/guardian, siblings, grandparents etc.) through these challenging times, by offering structured support to both individuals and small groups. We are currently piloting this programme in East Lothian. You will be required to travel to locations within East Lothian and will also spend time at our offices in the Royal Hospital For Children and Young People, Little France, Edinburgh.

This role sits within our Children's Wellbeing Services. As a team, we deliver creative interventions and support through our arts programme, The Hub Wellbeing Centre, Complementary Therapies, and hospital youth work. You will work in partnership and collaboration with the team to understand ECHC's approach and values. You may be required to support the team with their activities and will spend time in the hospital as part of your induction period. You will also be given bespoke training following the PACE model, to promote the experience of safety in your interactions with children and young people.

Areas of Responsibility

You will be experienced in line managing a team of staff, sessional workers and volunteers. You will work with children, young people and families who are struggling with their mental health, by providing a range of focussed activities, support and engagement, in an age appropriate, trauma and CBT informed way.

You will work in collaboration with ECHC Children's Wellbeing Team and Volunteering service to provide meaningful engagements for children and young people and signposting to other services as required, by linking with partner organisations. You will support children and young people to feel empowered and build confidence through creating opportunities for peer befriending, peer support programmes and young volunteering. You will meet with external stakeholders in education, health and social care and the third sector in order to increase awareness, multidisciplinary working and create opportunities for partnership delivery. You will have a robust understanding of reflective practice and will lead on group and individual sessions for your team.

You will support the continued professional development of your team and lead them in a solution focussed way to identify and shape areas of improvement for the pilot project.

You will be experienced in leading the delivery of different projects, leading consultations, producing detailed plans, and reviewing progress towards goals to successfully meet ECHC's strategic aims to develop this pilot through its continual stages of development.

You will lead on child protection procedure implementation for your team in the role of Deputy Child Protection Officer. You will ensure compliance with appropriate policies and procedures in line with legislative and regulatory requirements; and deliver agreed best practice in all activities, as well as working within agreed frameworks regarding safeguarding, confidentiality, and professional practice. You will maintain up to date knowledge of local and national provision for children's, young people, and family's wellbeing; and, of research, policy, and practice in relation to young people's wellbeing.

Additional

You will assist ECHC colleagues in any activities which will help to sustain the charity. This will include, for example, providing information for marketing purposes, informing funding applications, providing support for funder visits to the service and any other duties appropriate to the role and in line with the needs of ECHC.

You will enable the organisation to transform the experiences of babies, children, young people, and their families, by supporting the delivery of the organisation's Children's Wellbeing Services.

REQUIREMENTS	ESSENTIALS	DESIRABLE
<u>Education & Qualifications</u>	Qualified to HND level in a relevant area or with equivalent professional experience	Degree in a relevant area (youth work, social work, nursing, counselling/psychology teaching, mental health)

<u>Experience & Knowledge</u>	<ul style="list-style-type: none"> ▪ Recent significant experience of working with children and young people, using non-clinical interventions to support positive outcomes ▪ Experience of delivering group sessions and activities for young people ▪ Experience of working to keep young people safe from harm ▪ Knowledge of issues and barriers that young people face, supporting them to achieve positive outcomes ▪ Clear knowledge and command of the risks involved in working with young people ▪ Understanding of the use of marketing to promote engagement of young people ▪ Sound knowledge of the available services and organisations which children, young people and families could be signposted to for support ▪ Sound knowledge of GIRFEC principles and methodology and child protection legislation and guidelines and confident in implementing these ▪ Working knowledge of current legislation and best practice about data protection 	<ul style="list-style-type: none"> ▪ Experience of working in a healthcare environment ▪ Experience of fundraising organisations ▪ Experience of working with volunteers/ setting up volunteer programmes ▪ Experience in public speaking & advocacy ▪ Experience in maintaining accurate records, collect data to evidence impact and prepare reports evaluating and monitoring projects ▪ Experience in managing small project budgets ▪ Experience of supporting the whole family (parents/carers, siblings grandparents etc.)
<u>Skills and Attributes</u>	<ul style="list-style-type: none"> ▪ Excellent oral, written, and listening skills for a range of audiences, especially young people ▪ Proven track record in organising, coordinating, and running a calendar of events 	

	<p>including seasonal activities and trips</p> <ul style="list-style-type: none"> ▪ Skilled in delivering services and designing projects in consultation with children & young people ▪ Ability to build rapport and trust with young people as a respected champion of wellbeing ▪ Understanding of the triggers, causes, and presentation of challenging behaviour, and ability to manage these ▪ Patience, tolerance, and sensitivity; mature and non-judgmental outlook ▪ Ability to work independently ▪ Enthusiasm and resilience ▪ Ability to set and maintain clear and appropriate boundaries 	
<u>Additional</u>	<ul style="list-style-type: none"> ▪ A passion for the rights of children and young people, and the strategic aim and purpose of ECHC ▪ Experience of managing a team of staff and volunteers to deliver highly professional projects which deliver positive impacts for children and young people ▪ Positive, persuasive, motivational individual with an obvious enthusiasm for the work of ECHC ▪ The ability to manage expectations of stakeholders to achieve the best result for both them and the organisation ▪ An effective and empathic communicator ▪ Required to work regular evenings ▪ Willing to work weekends as required ▪ Willing to undertake additional study or learning as required to fulfil this developing role 	<ul style="list-style-type: none"> ▪ Access to a car/ full UK driving licence

	<ul style="list-style-type: none">Professional and convey the values of EHC at all times	
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